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| 168 | Abstract | uni-dimensional the rapid increase validate the FCV was used to trans reliability and va psychometrically | reloped Fear of COVID-19 Scale (FCV-19S) is a seven-item scale that assesses the severity of fears of COVID-19. Given e of COVID-19 cases in Bangladesh, we aimed to translate and 7-19S in Bangla. The forward-backward translation method slate the English version of the questionnaire into Bangla. The alidity properties of the Bangla FCV-19S were rigorously revaluated (utilizing both confirmatory factor analysis and in relation to socio-demographic variables, national lockdown |

reliability and validity properties of the Bangla FCV-19S were rigorously psychometrically evaluated (utilizing both confirmatory factor analysis and Rasch analysis) in relation to socio-demographic variables, national lockdown variables, and response to the Bangla Health Patient Questionnaire. The sample comprised 8550 Bangladeshi participants. The Cronbach α value for the Bangla FCV-19S was 0.871 indicating very good internal reliability. The results of the confirmatory factor analysis showed that the uni-dimensional factor structure of the FCV-19S fitted well with the data. The FCV-19S was significantly correlated with PHQ-9 (r = 0.406, p < 0.001). FCV-19S was significantly associated with higher worries concerning lockdown.

| | | Measurement invariance of the FCV-19S showed no differences with respect to age or gender. The Bangla version of FCV-19S is a valid and reliable tool with robust psychometric properties which will be useful for researchers carrying out studies among the Bangla speaking population in assessing the psychological impact of fear from COVID-19 infection during this pandemic. |
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International Journal of Mental Health and Addiction https://doi.org/10.1007/s11469-020-00289-x ORIGINAL ARTICLE 3 Psychometric Validation of the Bangla Fear of COVID-19 45 Scale: Confirmatory Factor Analysis and Rasch Analysis 6 Najmuj Sakib, et al. [full author details at the end of the article] 7 01 8 9 © The Author(s) 2020 10Abstract 11 The recently developed Fear of COVID-19 Scale (FCV-19S) is a seven-item uni-dimen-12sional scale that assesses the severity of fears of COVID-19. Given the rapid increase of 13COVID-19 cases in Bangladesh, we aimed to translate and validate the FCV-19S in 14Bangla. The forward-backward translation method was used to translate the English 15version of the questionnaire into Bangla. The reliability and validity properties of the 16 Bangla FCV-19S were rigorously psychometrically evaluated (utilizing both confirmato-17ry factor analysis and Rasch analysis) in relation to socio-demographic variables, national 18 lockdown variables, and response to the Bangla Health Patient Questionnaire. The sample 19comprised 8550 Bangladeshi participants. The Cronbach α value for the Bangla FCV-2019S was 0.871 indicating very good internal reliability. The results of the confirmatory 21factor analysis showed that the uni-dimensional factor structure of the FCV-19S fitted 22well with the data. The FCV-19S was significantly correlated with PHQ-9 (r = 0.406, 23p < 0.001). FCV-19S was significantly associated with higher worries concerning lock-24down. Measurement invariance of the FCV-19S showed no differences with respect to 25age or gender. The Bangla version of FCV-19S is a valid and reliable tool with robust 26psychometric properties which will be useful for researchers carrying out studies among 27the Bangla speaking population in assessing the psychological impact of fear from 28COVID-19 infection during this pandemic. 29Keywords COVID-19 · Coronavirus · COVID-19 fear · FCV-19S Bangla · Fear of COVID-19 30 Scale · Bangladesh 3132

The novel coronavirus 2019, now called severe acute respiratory syndrome coronavirus 2 33 (SARS-CoV-2) (causing the disease COVID-19), has currently expanded and shifted from an 34 epidemic to global pandemic with emerging clinical outcomes (Guan et al. 2020; Huang et al. 352020). As of April 11 (2020), 210 countries or territories had confirmed cases of COVID-19 36 (World Health Organization 2020). To date, the scientific community has described the clinical 37 course of COVID-19, counted cases and monitored its spread country-by-country, and has 38been trying to develop a vaccine (Dong et al. 2020; Wang et al. 2020). However, COVID-19 39has a very high infection rate and reasonably high mortality rate (i.e., 3.6% and 1.5% in and 40outside of China respectively; Baud et al. 2020); individuals are quite naturally afraid of 41 getting the virus. Additionally, death toll overestimation (Roussel et al. 2020) and pandemic-42 related issues such as social distancing, quarantine, and isolation have amplified fears leading 43 to stigma in several cases (Lin 2020). 44

Excessive fear alongside the social and economic consequences has the capacity to impair 45individuals' rational thinking behavior and may lead to mental health suffering and psycho-46social challenges (Ahorsu et al. 2020; Pakpour and Griffiths 2020; Pappas et al. 2009; Xiang 47et al. 2020). Moreover, mental health issues (i.e., depression, stress, panic, distress, etc.) can in 48more extreme cases result in suicidal ideation, suicide attempts, and actual suicide occurrence 49(Goyal et al. 2020; Mamun and Griffiths 2020a). Indeed, Mamun and Griffiths (2020b) 50recently reported the first case of suicide due to the fear of COVID-19 in Bangladesh. With 51a mortality rate of 6.2% in Bangladesh, the number of COVID-19 cases has been rising with 52individuals aged between 31 and 40 years being most infected (i.e., around 22%; Institute of 53Epidemiology, Disease Control and Research 2020). The rapid spread of COVID-19 appears 54to be creating a great concern in Bangladesh and the country has had many previous instances 55of disaster-related psychological suffering (Mamun and Griffiths 2019; Mamun et al. 2019). 56

Separating facts from fear is vital because scientific information and data related to a disease outbreak change very frequently (Wenzel and Edmond 2003). Additionally, fear itself 58 can be contagious as was demonstrated in 1994 when hundreds of thousands of people fled the Indian city of Surat to escape pneumonic plague, even though no cases had been confirmed 60 based on the World Health Organization criteria (Epstein 2009). Consequently, reducing fear and discrimination among individuals can be important in controlling transmission. 62

Social marginalization and stigmatization deriving from fear in a disease outbreak may cause people to refute early symptoms that are clinically relevant, and may contribute to the disease remaining undetected in the society (Person et al. 2004). Likewise, there appears to be an epidemic of fear and aversion concerning the community transmission of COVID-19. For instance, local residents from one area protested against the burial of bodies who had died from COVID-19 in their community graveyard (Kamal 2020). 68

Based on these contextual concerns, Ahorsu et al. (2020) recently developed the Fear of 69 COVID-19 Scale (FCV-19S) so that researchers could assess the fear of COVID-19 among 70individuals in their countries and communities. The seven-item FCV-19S is a quick and easy-71to-use tool that underwent rigorous psychometric testing and appears to be suitable for both 72genders and all ages. As suggested by Mamun and Griffiths (2020b), there is an urgent need to 73carry out an epidemiological study nationwide in Bangladesh concerning the relationship 74between individuals' mental health status (e.g., depression, anxiety, stress) and the fear of 75COVID-19. Therefore, the present study translated and validated the Bangla FCV-19S, and 76carried out factor analysis, as well as assessing its reliability and validity. 77

Methods

Participants and Procedure

The present cross-sectional study was the part of a larger COVID-19 Project, which was carried out80between April 1 and April 10, 2020. The target population was the general Bangladeshi population81aged 10 years and older and being able to understand spoken Bangla. An online-based survey was82developed and participants were recruited via social media (e.g., Facebook) and online blogs. The83final sample comprised 8550 participants which far exceeded the recommended 5:1 ratio of number84of participants to number of items (Floyd and Widaman 1995).85

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Ethics

The study adhered to the guidelines of the Helsinki Declaration, 1975. The study was also approved by the Institute of Allergy and Clinical Immunology of Bangladesh ethics board (i.e., 88 IRBIACIB/CEC/03202005). All participants provided informed consent. Parents provided 90 were ensured concerning the anonymity and confidentiality of their data, and were provided 91 with information about the nature and purpose of the study and the procedure, and were 92 informed about their right to retract their data at any time. 93

Adaptation of FCV-19S into Bangla

The forward-backward translation method was applied to adapt the FCV-19S into Bangla 95following previous studies (Arafat et al. 2016; Beaton et al. 2000; Sousa and Rojjanasrirat 96 2011). Two independent translators, one subject matter expert (a psychologist) and other 97 experienced in culture and linguistic distinctions in English and Bangla, translated the 98 seven-item scale into Bangla (i.e., forward translation). Both the versions were compiled and 99 further translated back into English by another professional translator with medical translation 100proficiency and by one bilingual individual who had not seen the English version of the FCV-101 19S (i.e., back translation). After compiling the back translated versions, all were compared 102and submitted to an expert panel of five members. The panel scrutinized and finalized the 103items and all seven questions were retained. Pretesting was conducted among 140 individuals 104using online platforms across different age groups. The suggested changes were made by the 105research team. The final version of the questionnaire was then administrated on the large-scale 106 study. 107

Measures

Demographic Information A contextual information sheet was used to obtain demographic109Q3and other information of the participants. The questions were related to (i) age, (ii) gender, (iii)110educational status, (iv) occupational status, (v) current place of residence, (vi) marital status,111(vii) whether they were a current smoker, (viii) whether they were a current alcohol consumer,112and (ix) current health status.113

Lockdown-Related QuestionsTo examine out if lockdown-related factors had any influence114on participant's fear, participants were asked: "If this lockdown situation persists more than a115month, do you think you will have enough food supply?" "If you are a wage earner, do you116think you may lose your job and/or face economic hardship in business?" and "Are you afraid117of any probable economic recession due to this pandemic?" One of three responses was118required for these questions (i.e., "Agree," "Disagree," or "Undecided").119

Bangla Patient Health QuestionnaireParticipants' health was assessed using the nine-item120Bangla Patient Health Questionnaire (Bangla PHQ-9 (Chowdhury et al. 2004); original version121(Kroenke et al. 2001)). The screening tool is used widely in both non-psychiatric and clinical122settings. Symptoms of depression such as depressed mood, sleeping problems, feeling tired,123appetite changes, concentration problems, and suicidal thoughts are assessed based on the past1242 weeks (Kroenke et al. 2001). Items are responded to on a 4-point Likert scale (0 = not at all,125

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1 = several days, 2 = more than half of the days, and 3 = nearly every day) and scores range 126 from 0 to 27 (Kroenke et al. 2001). Cronbach's alpha in the present study was 0.83. 127

Bangla Fear of COVID-19 ScaleThe Bangla Fear of COVID-19 Scale assesses fear towards128COVID-19 and was adapted from the English version of the scale published in the original129paper by Ahorsu et al. (2020). The screening tool consists of seven items (e.g., "I cannot sleep130because I am worried about getting coronavirus-19") with a five-item Likert point response131from 1 (strongly disagree) to 5 (strongly agree) and its score range is 7 to 35. The higher the132score indicates the greater the fear of cororonavirus-19 (Ahorsu et al. 2020). The psychometric133properties of the Bangla FCV-19S are presented in the "Results" section.134

Data Analysis

Descriptive statistics were used to describe study participants' characteristics. Continuous data 137 were reported as means (and SDs) and categorical data were reported as frequencies and 138percentages. There are two approaches for assessing psychometric characteristics of a scale: 139classical test theory (CTT) and modern test theory. CTT has been widely used to assess 140psychometric properties of various self-reported measures, and assumes that the item re-141 sponses of a scale should be summed to compute a score. This score is a class true score (a 142representation of assessed outcome: in this study, fear). However, CTT has some limitations 143including (i) assuming a linear relationship between latent variables and observed scores and 144(ii) being dependent on sample and group. However, modern test theory such as item response 145theory (IRT) assumes that the relationship between latent variables and observed scores is not 146necessarily linear (Wirth and Edwards 2007). Instead, it could vary from one person to another. 147 Several statistics were performed to assess CTT including item ceiling and floor effects (the 148percentage of participants who obtained highest and lowest possible scores, respectively). 149Values lower than 50% are acceptable (Strober et al. 2013), internal consistency (Cronbach's α 150Q4 >0.7 is acceptable), corrected item-total correlation (values >0.4 are acceptable) (Pakpour 151et al. 2014), average variance extracted (AVE; values > 0.5 indicate satisfactory convergent 152reliability), composite reliability (CR; values higher than 0.6 indicate acceptable reliability), 153standard error of measurement (smaller values indicating better reliability), and confirmatory 154factor analysis (CFA). The uni-dimensional factor stricture of the FCV-19S was evaluated 155using CFA with diagonally weighted least squares (WLSMV) estimator. Several indices were 156used to assess model fit including comparative fit index (CFI) and Tucker-Lewis index (TLI) 157>0.9; root mean square error of approximation (RMSEA) <0.08; weighted root mean square 158residual (WRMSR) < 1.0; and non-significant chi-square (Li et al. 2017; Wu et al. 2017). 15905

Regarding the IRT, a Rasch partial credit model was used to assess item difficulty, uni-160dimensionality, item validity, item and person separation reliability, and item and person 161separation index. Item difficulty was evaluated using logit (an interval scale) with higher 162scores indicating more difficult items. Information-weighted fit statistic (infit) mean square 163(MnSq), and outlier-sensitive fit statistic (outfit) MnSq were used to assess item validity. 164Values ranging from 0.5 to 1.5 are considered acceptable good fit. Values greater than 0.7 for 165both item and person separation reliability are considered to be acceptable. Item and person 166separation index values are considered to be acceptable if they are greater than 2. 167

The uni-dimensionality of the FCV-19S was further assessed by conducting a principal 168 component analysis of the residuals (PCAR). The first residual factor (as representative of uni-

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dimensionality) should explain more than 50% of the variance and the eigenvalues of the residuals should not be greater than 2.0 (Linacre 2012). Differential item functioning (DIF) 171 was used to assess whether FCV-19S items are invariant across age and gender groups. A DIF 172 value of 0.5 or higher indicates substantial DIF (i.e., invariance) across two groups. The concurrent validity was assessed by correlation (Pearson's coefficient) of the FCV-19S and Patient Health Questionnaire (PHQ-9). Descriptive statistics were analyzed using SPSS 24.0, CFA using MPLUS 8.0, and Rasch model using WINSTEPS 4.3.0. 176

Results

Characteristics of participants are summarized in Table 1. The mean age of participants was 17826.5 years (SD \pm 9.1). Overall, 56.0% were males and 71.6% were single. Most of the 179participants (82.0%) were educated at tertiary level (Table 1). The mean, SD, skewness, and 180kurtosis of all items of the FCV-19S are shown in Table 2. All items had skewness and kurtosis 181 values within the ± 2.0 range, confirming that they were normally distributed. Significant floor 182and ceiling effects were not observed for all items of the FCV-19S, indicating that the scale 183 was able to detect a change of fear score (Table 2). The Cronbach α value for the Bangla FCV-18419S was 0.871, indicating very good internal reliability. The corrected item-total correlations 185were all between 0.59 and 0.70 and positive (Table 3). 186

The results of the CFA are reported in Table 3 and showed that the single-factor structure of the 187 FCV-19S fitted well with the data (CFI = 0.964, TLI = 0.947, RMSEA = 0.071, and WRMSR = 188 0.889). Factor loadings from the model ranged from 0.72 to 0.80 and were statistically significant. 189The fit of the data for Rasch model was acceptable: log likelihood chi-square = 116,264.6277, df =190116,964, p = 0.9261, and root mean square standard error (RMSE) = 0.7228. The item separation 191reliability and index were 1.0 and 55.65, respectively. Moreover, the person separation reliability and 192index were 0.86 and 2.43, respectively. AVE and CR were higher than 0.58 and 0.89, respectively, 193suggesting an evidence of construct reliability. The results of the PCAR showed that the raw 194variance of the FCV-19S explained by the Rasch measure was 61.4%. The unexplained variance in 195the first contrast was 9.1% (1.64 eigenvalue units), and in the second contrast was 6.9% (1.26 196eigenvalue units), indicating the evidence of uni-dimensionality. 197

The infit and outfit MnSq of all seven items were within the acceptable range (i.e., 0.5 to 21.5) 198(Table 4). Table 4 shows that item difficulty ranged from -1.04 to 1.16 logits, with the most difficult 199item being Item 6 ("I cannot sleep because I'm worrying about getting coronavirus-19") and the 200easiest item being item 1 was ("I am most afraid of coronavirus-19"). As to the measurement 201 invariance, all items in the FCV-19S did not show DIF by age and gender subgroups of the 202participants. To determine whether there were differences between the gender group and fear scores, 203an independent t test was performed. The results showed that females reported significantly higher 204scores than males concerning fear of COVID-19 (mean = 22.75 [SD = 5.65] vs. mean = 20.29205[SD = 5.90]; t = -19.46, p < 0.001). In contrast, age did not correlate significantly with total score 206of the FCV-19S (r = -0.014, p = 0.186). The partial correlation coefficient showed that total score of 207the FCV-19S was significantly correlated with PHQ-9 (r = 0.406, p < 0.001). A possible association 208between fear and lockdown worries was analyzed using a multiple linear regression analysis with 209adjustments for age and gender as well as PHQ-9. The results showed that FCV-19S was 210significantly associated with higher worries concerning lockdown (standardized beta coefficient = 2110.141, p < 0.001). In addition, higher scores on PHQ-9 were associated with higher worries 212concerning lockdown (standardized beta coefficient = 0.057, p < 0.001). 213

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Q61 **Table 1** Participants characteristics (N = 8550)

| | | Mean \pm SD or n (%) |
|--------|-----------------------|--------------------------|
| Age (| years) | 26.53 ± 9.09 |
| Gende | er (male) | 4790 (56.0%) |
| Educa | tional status | |
| No | formal education | 140 (1.6%) |
| Prin | nary school | 111 (1.3%) |
| Seco | ondary school | 304 (3.6%) |
| Higl | ner secondary level | 980 (11.5%) |
| Tert | ary education | 7015 (82.0%) |
| Occup | pational status | |
| Une | mployed | 317 (3.7%) |
| Day | laborer | 51 (0.6%) |
| Farr | ner | 47 (0.5%) |
| Bus | ness | 396 (4.6%) |
| Stuc | lent | 5094 (59.6%) |
| Gov | ernment employee | 499 (5.8%) |
| | ate employee | 1156 (13.5%) |
| Reti | red | 70 (0.8%) |
| Hou | sewife | 550 (6.4%) |
| Othe | ers | 370 (4.3%) |
| Resid | ence | |
| Villa | age | 1872 (21.9%) |
| Sub | -district town | 1174 (13.7%) |
| Dist | rict town | 2003 (23.4%) |
| Divi | sional town | 3501 (40.5%) |
| Marita | al status | |
| Sing | le | 6120 (71.6%) |
| Mar | ried | 2320 (27.1%) |
| Dive | prced/widowed | 110 (1.3%) |
| Curre | ntly smoker (yes) | 1259 (14.7%) |
| Alcoh | ol use (yes) | 215 (2.5%) |
| Self-r | eported health status | |
| | good | 1324 (15.5%) |
| Goo | | 4563 (53.4%) |
| Acc | eptable | 2383 (27.9%) |
| Poor | | 262 (3.1%) |
| Very | / poor | 18 (0.2%) |

t2.1 Table 2 Item properties of the FCV-19S

| Item # | Mean (SD) | Skewness | Kurtosis | Floor | Ceiling |
|---|-------------|----------|----------|--------------|--------------|
| #1 I am most afraid of Corona | 3.62 (1.04) | -0.82 | 0.18 | 427 (5.0%) | 1425 (16.7%) |
| #2 It makes me uncomfortable to think about Corona | 3.52 (1.06) | -0.77 | -0.14 | 470 (5.5%) | 1125 (13.2%) |
| #3 My hands become clammy when \I think about Corona | 2.49 (1.13) | 0.46 | -0.68 | 1673 (19.6%) | 398 (4.7%) |
| #4 I am afraid of losing my life because of Corona | 2.93 (1.22) | -0.09 | -1.16 | 1272 (14.9%) | 670 (7.8%) |
| #5 When I watching news and stories about Corona on social media, I become nervous or anxious | 3.53 (1.07) | - 0.98 | 0.14 | 594 (6.9%) | 936 (10.9%) |
| #6 I cannot sleep because I'm worrying about getting Corona | 2.41 (1.11) | 0.60 | -0.54 | 1766 (20.7%) | 342 (4.0%) |
| #7 My heart races or palpitates when I think about getting Corona | 2.88 (1.24) | 0.05 | -1.22 | 1231 (14.4%) | 749 (8.8%) |

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| Item no. | Analyses theory | from classic | al test | | | Analyses from Rasch | | |
|----------|--------------------------------|------------------------|---------------|----------------|------------|---------------------|---|--|
| | Factor loading ^a | Item-total correlation | Infit MnSq | Outfit MnSq | Difficulty | Discrimination | DIF contrast across gender ^{cd} | DIF contrast across age ^{ce} |
| FCV19S1 | 0.77 | 0.65 | 0.99 | 0.99 | - 1.04 | 0.94 | -0.10 | - 0.03 |
| FCV19S2 | 0.72 | 0.59 | 1.12 | 1.16 | -0.84 | 0.90 | -0.17 | -0.12 |
| FCV19S3 | 0.80 | 0.68 | 0.82 | 0.84 | 1.0 | 1.07 | 0.08 | -0.09 |
| FCV19S4 | 0.80 | 0.70 | 0.94 | 0.95 | 0.25 | 1.06 | 0.06 | 0.01 |
| FCV19S5 | 0.77 | 0.65 | 0.93 | 0.87 | -0.86 | 1.17 | 0.08 | -0.01 |
| FCV19S6 | 0.78 | 0.65 | 0.91 | 0.93 | 1.16 | 1.07 | 0.06 | 0.26 |
| FCV19S7 | 0.72 | 0.61 | 1.20 | 1.26 | 0.33 | 0.84 | -0.05 | 0.16 |

| Table 3 | Psychometric | properties of th | e FCV-19S | in item level |
|---------|--------------|------------------|-----------|---------------|
|---------|--------------|------------------|-----------|---------------|

^a Based on confirmatory factor analysis

^c DIF contrast > 0.5 indicates substantial DIF

^d DIF contrast across gender = Difficulty for females – Difficulty for males

^e DIF contrast across age categories = Difficulty for participants with older age (i.e., ≥ 26.53 years) – Difficulty for participants with younger age (i.e., <26.53 years)

MnSq, mean square error; DIF, differential item functioning

Discussion

19.1

The main aim of the present study was to evaluate the psychometric characteristics of the FCV-21519S among the Bangladeshi community using both classic (i.e., confirmatory factor analysis 216[CFA]) and modern (i.e., Rasch analysis) psychometric evaluation methods. The study showed 217that the Bangladeshi version of the FCV-19S had (i) strong internal consistency (as demon-218strated by the very good Cronbach's alpha), (ii) acceptable construct validity (as demonstrated 219by CFA), (iii) confirmed uni-dimensional structure (as demonstrated by the CFA and Rasch 220analysis), (iv) good concurrent validity (as demonstrated by the significant positive correlation 221 with depression scores on the Patient Health Questionnaire), (v) scale items that were invariant 222

t4.1 **Table 4** Psychometric properties of the FCV-19S at scale level

| Psychometric testing | Value | Suggested cutoff |
|--|--------------|-------------------------|
| Internal consistency (Cronbach's α) | 0.871 | > 0.7 |
| Confirmatory factor analysis | | |
| χ^2 (df) | 554.75 (14)* | Non-significant |
| Comparative fit index | 0.964 | > 0.9 |
| Tucker–Lewis index | 0.947 | > 0.9 |
| Root mean square error of approximation | 0.071 | < 0.08 |
| Weighted root mean square residual | 0.889 | < 1.0 |
| Average Variance Extracted | 0.58 | >0.5 |
| Composite Reliability | 0.89 | >0.6 |
| Standard error of measurement | 2.130 | The smaller, the better |
| Item separation reliability from Rasch | 1.00 | > 0.7 |
| Item separation index from Rasch | 55.65 | >2 |
| Person separation reliability from Rasch | 0.86 | > 0.7 |
| Person separation index from Rasch | 2.43 | >2 |
| Test-retest reliability by Pearson correlation | 0.87 | >0.4 |

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across age and gender groups (as demonstrated by the Rasch analysis), and (vi) good face223validity (as demonstrated by the significant association between higher worries concerning224lockdown and score on the FCV-19S).225

In general, the results of the study were comparable with the original Iranian validation 226(Ahorsu et al. 2020) and a recent Italian validation study (Soraci et al. 2020). However, factor 227loadings of the Bangla version of the FCV-19S were greater than those of both Iranian and 228Italian versions. The potential reason could be due to mean age of the sample and large sample 229size of the present study (N = 8677; mean age = 26.53 years, SD = 9.09) compared with the 230studies in Iran (N = 717; mean age = 31.25 years, SD = 12.68) and Italy (N = 249, mean age = 23134.5 years, SD = 12.21; predominantly female sample). However, it can be argued that when 232there is a global pandemic, people at all ages feel threatened and answer questions in a similar 233 way. Furthermore, the results obtained from the DIF analysis showed that the Bangla version 234of the fear questionnaire could be used in the general population irrespective of their age. In the 235present study, women reported higher levels of fear of COVID-19 than men. Fear can be an 236emotional response to an external factor. Gender differences caused by a reaction to an external 237threatening agent are not new. Previous studies have shown that women report more fear of 238contamination and disgust sensitivity than males (e.g., Olatunji et al. 2005). 239

Assessing fear of COVID-19 can help to assess the mental health of general populations 240 during the pandemic. Knowing such information can help in providing information to targeted 241 specific populations so that they can perform preventive COVID-19 behaviors to help reduce 242 fear levels (Pakpour and Griffiths 2020). Fear in human triggers reactions (mostly psychological) which help in preparing an individual to respond to a threatening agent (Ferraro and Grange 1987). As the results of the present study show, fear of COVID-19 was significantly associated with participants' depression scores and their worries concerning lockdown. 246

The present study was similar to the results obtained from the previous Iranian and Italian validation studies (Ahorsu et al. 2020; Soraci et al. 2020); both of which included depression scales to test for concurrent and criterion validity. All three validation studies reported significant positive 249 associations between depression and FCV-19S score. This is not surprising but due to the cross-sectional nature of all three studies, it is unclear as to whether being depressed heightens the fear concerning COVID-19 or whether the fear concerning COVID-19 heightens depression (or both). Longitudinal studies are needed to examine the direction of causality. 253

The large sample size, consideration of broad age group, and utilization of both classic and 254modern psychometric assessments are among the strengths of the present study. However, the 255present study has some limitations. First, fear in the present study was assessed using a self-reported 256measure that can be influenced by factors such as social desirability, memory recall, and other 257common method biases. Studies using other methodologies are recommended (e.g., in-depth 258qualitative interviews, diary studies). Second, although a large sample size was included in the 259present study, the sample was a convenience sample and was not necessarily representative of the 260general population of Bangladesh. Future studies using nationally representative studies are needed 261to confirm the results reported here. Third, the study design was cross-sectional, and therefore, the 262associations found between variables provide little insight into causality. Future research should 263include longitudinal designs to assess (as aforementioned) relationships between depression and fear 264of COVID-19. Finally, this study did not examine the stability of the FCV-19S over time. Future 265research should therefore incorporate test-retest reliability measures into the design of their studies. 266Overall, the results of the present study showed that the Bangla version of the FCV-19S has robust 267psychometric properties and can be used to assess fear of COVID-19 during the pandemic among 268the general Bangladeshi population. 269

International Journal of Mental Health and Addiction 27009 Acknowledgments The authors thank to all the research assistants (see *supplementary file* for notable RA lists); without whom, the project was not possible to carry out. 271272Authors' Contributions Study planning: MoAM and AKMIB; study plan validation: all authors; project 273274implementation: MoAM, NS, and AKMIB; data collection: AKMIB, SH, FAM, IH, AHA, MAS, MSM, IR, and SH; data interpretation: NS, MoAM, FAM, MDG, and AHP; data analysis: NS, MoAM, and AHP; first draft: 275276NS and AHP with input from MoAM, AKMIB, and MDG; review and edit: MoAM, MSM, MH, MTS, DG, MAM, SMSI, and MDG; rewrite and final editing: MDG; final approval: all authors.Data AvailabilityData will 277be available on request. 278279Compliance with Ethical Standards 280Conflict of Interest The authors declare that they have no conflict of interest. 281Ethical Approval All procedures performed in this study involving human participants were in accordance 282283with the ethical standards of University's Research Ethics Board and with the 1975 Helsinki Declaration. Informed Consent Informed consent was obtained from all participants. 284Open Access This article is distributed under the terms of the Creative Commons Attribution 4.0 International 285License (http://creativecommons.org/licenses/by/4.0/), which permits unrestricted use, distribution, and 286reproduction in any medium, provided you give appropriate credit to the original author(s) and the source, 287provide a link to the Creative Commons license, and indicate if changes were made. 288Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which 289permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give 290291appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and 292 indicate if changes were made. The images or other third party material in this article are included in the article's 293Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included 294in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy 295296of this licence, visit http://creativecommons.org/licenses/by/4.0/. 297298References 299Q10 300 Ahorsu, D. K., Lin, C.-Y., Imani, V., Saffari, M., Griffiths, M. D., & Pakpour, A. H. (2020). The fear of COVID-19 scale: development and initial validation. International Journal of Mental Health and Addiction. 301https://doi.org/10.1007/s11469-020-00270-8. 302Arafat, S., Chowdhury, H., Qusar, M., & Hafez, M. (2016). Cross cultural adaptation and psychometric 303 304validation of research instruments: a methodological review. Journal of Behavioral Health, 5(3), 129-136. Baud, D., Qi, X., Nielsen-Saines, K., Musso, D., Pomar, L., & Favre, G. (2020). Real estimates of mortality following 305306 COVID-19 infection. The Lancet Infectious Diseases. https://doi.org/10.1016/S1473-3099(20)30195-X. Beaton, D. E., Bombardier, C., Guillemin, F., & Ferraz, M. B. (2000). Guidelines for the process of cross-cultural 307 adaptation of self-report measures. Spine. 25, 3186-3191. 308 309 Chowdhury, A. N., Ghosh, S., & Sanyal, D. (2004). Bangla adaptation of Brief Patient Health Questionnaire for 310 screening depression at primary care. Journal of the Indian Medical Association, 102(10), 544-547. Dong, L., Hu, S., & Gao, J. (2020). Discovering drugs to treat coronavirus disease 2019 (COVID-19). Drug 311312 Discoveries & Therapeutics, 14(1), 58–60. 313Epstein, J. M. (2009). Modelling to contain pandemics. Nature, 460, 687. Ferraro, K. F., & Grange, R. L. (1987). The measurement of fear of crime. Sociological Inquiry, 57(1), 70-97. 314Floyd, F. J., & Widaman, K. F. (1995). Factor analysis in the development and refinement of clinical assessment 315instruments. Psychological Assessment, 7(3), 286-299. 316Goyal, K., Chauhan, P., Chhikara, K., Gupta, P., & Singh, M. P. (2020). Fear of COVID 2019: first suicidal case 317 in India. Asian Journal of Psychiatry, 49, e101989. 318

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