Facilitating neuroplasticity: evidence-based novel interventions for occupational therapists

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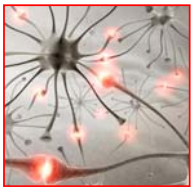
Evidence-Based Novel Interventions for Occupational Therapy



brainline.org

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Neuroplasticity:

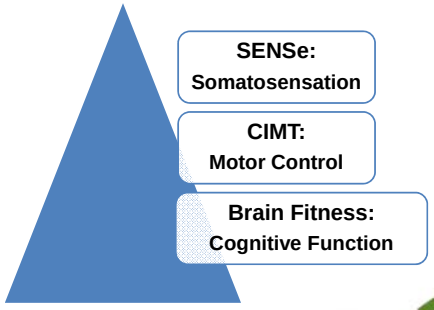
Brain's life-long ability to change

readyforlearning.wordpress.com

Common Principles:

❖ *Motivating* goal-directed tasks	❖ Focussed *attention*
❖ Intensive *repetition* in training	❖ *Massed* practice
❖ Activity that *challenges* the system	❖ *Variety* in task or environment
❖ Targeted *feedback*	

Techniques:



SENSe: Study of the Effectiveness of Neurorehabilitation on Sensation

- ❖ Intensive component training
- ❖ Client-centred training

Texture Discrimination Training

Tactile Object Recognition Training

Limb Position Sense Training

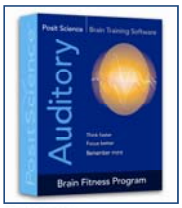
Constraint-Induced Movement Therapy:

- ❖ Targets diminished use of affected arm
- ❖ Constrains less affected arm

- ❖ Modifications to protocol
- ❖ Addresses client's goals
- ❖ ?more acute clients

Brain Fitness:

- Addresses cognitive decline in normal ageing
- Six computer exercises
- Improves memory and attention
- Research :?effects on people with ABI



Brain Fitness Training

www.deakin.edu.au

The Future:

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